



H.K.S.K.H. *Outreaching* Team for *Multi-Cultural Community*

香港聖公會多元文化外展服務隊



社會福利署資助服務
Subsidised Service by
the Social Welfare Department

HANDS

Operated by Hong Kong Sheng Kung Hui Welfare Council Limited

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The Official Newsletter of OTMC

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About Us

About the Hong Kong Sheng Kung Hui Welfare Council Limited

The Hong Kong Sheng Kung Hui Welfare Council (also known as the “Welfare Council”) was founded in 1966. It is now registered as a charitable organization under the Companies Ordinance, and is an institution that coordinates, develops and provides social services for Hong Kong Sheng Kung Hui. The Welfare Council’s diverse services, which can be found across Hong Kong, Guangzhou and Macau, cover children, youth, families, senior citizens and persons in need of mental and medical rehabilitation, counselling and professional training, in line with its service philosophy, “Personalized Service, Holistic Care” to “Transform Lives” so they may “Live in Abundance”.

About H.K.S.K.H. Outreaching Team for Multi-Cultural Community (OTMC)

H.K.S.K.H. Outreaching Team for Multi-Cultural Community (OTMC) aims at providing appropriate support services to the needy individuals of the Multi-Cultural (MC) and their families in Sha Tin, Tai Po, North, Yuen Long, Tuen Mun, Tsuen Wan and Kwai Tsing districts through reaching out and connecting with stakeholders in the community.

Objectives

- ✓ To connect the needy MCs with mainstream welfare services;
- ✓ To improve MCs’ problem solving skills;
- ✓ To strengthen MCs’ family cohesiveness;
- ✓ To enhance support network of MCs for their early integration into the local community;
- ✓ To establish network with community organizations, religious organizations, schools and welfare service units for effective delivery of service;
- ✓ To mobilize MCs and local residents in pursuit of social inclusion and racial harmony.

Scope of Service

- **Outreaching service** - reaching out to MCs through roadshows, community activities, exhibition, home visits etc.;
- **Telephone enquiry service** - facilitating the understanding of social resources and identifying the needs of MCs;
- **Casework Support** - conducting initial assessment, arranging direct/referral service, providing immediate intervention and long term casework support for the needy cases to overcome their difficulties;
- **Group and Programmes** - organizing preventive/ developmental/ therapeutic/ mutual support/ volunteer groups and family life education/promotional/public education/networking/social inclusion/volunteer programmes tailored to MC’s welfare needs;
- **Cultural Sensitivity Training** for frontline workers of mainstream services.

Words from OTMC

A series of social integration programmes were organized from July to December 2024 under the “District-based Programmes for Racial Harmony” funded by Home Affairs Department, to encourage communication and interaction between local and multicultural community. We organized various types of new emerged sports activities in Yuen Long district which successfully promoted positive interaction and mutual understanding among people from different culture background. The racial harmony programme in North district focused on supporting learning and social needs of multicultural children and their parents through Chinese learning classes, volunteer services and community exploration programmes. Moreover, we trained a group of multicultural youth in Tuen Mun district with basic photography skills, and facilitated them to explore strengths of the community for promoting racial harmony and sense of community belonging, also organized multicultural tours for increasing mutual respect and cultural exchanges between local and multicultural families.

To foster exchange and mutual understanding of development of Hong Kong and China, we organized “Hong Kong Multi-Cultural Families Greater Bay Area Cultural and Technological Exploration Tour” in October, and organized learning tours to National Security Gallery for multicultural families to enhance their understanding of the importance of national security since October under the agency signature programme “National Security Supported by Thousands of Members”. Various celebratory activities were also held to celebrate the 75th anniversary of the founding of the People's Republic of China and the 27th anniversary of the establishment of the Hong Kong SAR. The participants enjoyed the interactive activities and appreciated the opportunities of exploring Hong Kong and the Mainland.

To support the Government’s goals for strengthening families, we organized a variety of groups and programmes for multicultural children and families under our thematic campaign “The Five Love Languages” campaign, to enhance family wellbeing and strengthen social support network. OTMC is always open to new opportunities and look forward to co-create more services and programmes for building an inclusive community.

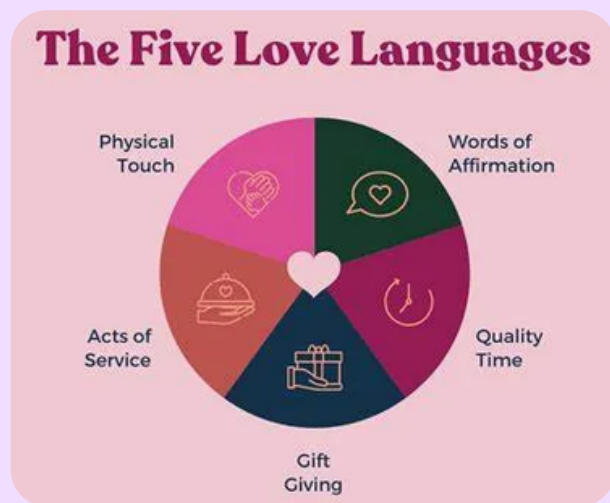
*Jenny Fu Yim-ting
Service Director*



Service Theme 2025-2026 :

Promoting the Five Love Languages for Enhancing Well-being

Building strong connections with family and the community is essential for emotional well-being and personal growth. OTMC aims to organize a range of activities for our service users to learn about and implement the five love languages in their communication and relationship-building with family members and others.



Beginning in April 2024, we are excited to host a series of engaging parenting workshops aimed at helping parents discover their primary love language as well as that of their partners. Understanding love languages is essential for enhancing communication and fostering deeper connections within families. Throughout these workshops, participants will explore each of the five love languages—words of affirmation, acts of service, receiving gifts, quality time, and physical touch.

This insight will empower parents to incorporate these languages into their daily interactions, creating a more harmonious and nurturing environment for their children and loved ones. By learning to express love in ways that resonate with their family members, participants will be equipped to foster healthier, more meaningful connections.



If you're interested in experiencing the transformative power of the five love languages, we warmly invite you to join our upcoming programs! Together, we can embark on a journey toward greater understanding and deeper relationships within our families.

Service Review

TEAM A - Sha Tin, Tai Po and North District “Social Resources Kit Editing Group”

General Public | 5 Sessions | 5 Hours | 37 Participants

The group was designed for multicultural residents in Queen's Hill to know more about social resources available and to empower them to be resource providers in the community, under District-based Programme for Racial Harmony in North District.

A community guide was produced by the members to introduce available community resources and share their experience. Various community partners helped us to distribute the booklet to the multicultural families for helping them in accessing resources they are looking for. Overall, feedback were positive. The members also suggested us to offer more trainings and opportunities for them serving the community.



Feedback from participants:

Ms. Marya BI - *Thank you very much for everything. Your all program was good we learned a lot there... Kids also learn a lot things. And also Miraj always missing and talking about OTMC staff Mr.Hasnain and Miss Nabina.* 😊

Ms. Rina Gurung - *I like all the programs from OTMC specially parenting class, tuition classes, mental health sessions. All the activities like flower planting, crafts decorations are really fun.*

“Open top Bus and Observation Wheel Tour”

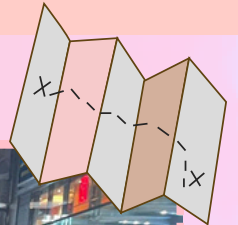
Parents, Children & Youth | 2 Sessions | 7 Hours | 40 Participants

On 23rd November 2024, Chinese and multicultural families enjoyed the exciting outing to Tsim Sha Tsui and Central under District-based Programme for Racial Harmony in North District. It was a wonderful opportunity to engage both Chinese and multicultural families learn more about Hong Kong and each other’s culture. All participants loved the outing and enjoyed a lot with their family.



Feedback from one our participants:

Ms. Jyoti G.T. - *All the programs are very interesting and fun to participate. Specially energizers in between program was refreshing. In future, I would be glad if you can organize adult Cantonese classes for us. Thank you!*



Service Review

TEAM B - Yuen Long District

“Elderly Fun Fun Activity”

Elderly | 4 Sessions | 8 Hours | 25 Participants

It was a collaboration with Hong Kong Baptist University. The University students designed different interactive activities for the elderly group members to enhance their mental wellbeing and promote social inclusion. The group activities include Henna arts & craft with elements of mindfulness and light sports sharing with cultural inclusion with students. The participants enjoyed sharing their culture through music and dancing. The elderly were very curious about experience of the students and engaged with them throughout the session.



Feedback from participants:

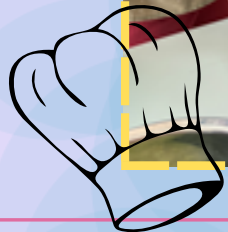
Mr. Pun Dam Lal - *I and my wife really enjoyed the programme, we got to meet Students of Hong Kong, got to interact with them & we shared our culture and had lots of fun, hope to spent time together soon.*

“United Love Multiculturalism Healthy Cooking Experience”

Family | 1 Session | 2.5 Hours | 25 Participants

The programme was an introduction of Love Language through cooking together as a family, with parent setting tasks for kids to help them improve communication skills between parents & children.

The participants cooked Nepalese cuisine “Momo” & “Chatpatte” together. And while eating they shared what their likes and dislikes were about each other’s communication and how to improve upon it.



Feedback from participants:

Ms. Sabina Magar - *I am thankful for the opportunity to learn and get to spent good quality time with my friends and family, Thanks OTMC, invite me in the future also.*

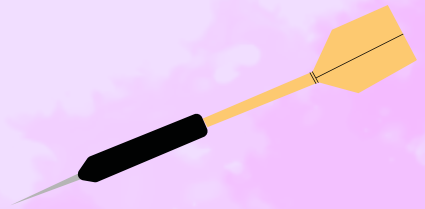
Service Review

District-based Programmes for Racial Harmony 2024 - 2025 (Yuen Long District)

“Multicultural Sports Fun Day @ Hung Shui Kiu”

Children | 2 Sessions | 4 Hours | 35 Participants

Sports are far more than just games; they are a vehicle for teaching valuable life skills. From teamwork and discipline to resilience and leadership, children learn essential skills that contribute to their personal growth and development. Encouraging children to participate in sports can have lasting positive effects, equipping them with the tools they need to navigate the complexities of life. As parents and educators, fostering a love for sports in children can pave the way for a brighter, more confident future. The introduction of a number of new sports i.e. Kinball and Cornhole, etc., to these school going children, where they interacted with the Chinese coach to attain new skills in order to score higher points.



Feedback from participants:

Mr Nasar Mudi - *We have not played these sports before and really want to learn more about them now. Thank you OTMC for introducing them to us. The coach, Mr. Fung, the OTMC staff Mr. Adnan and Mr. Waqas were very helpful.*

“Multicultural Healthy Carnival @ Tin Shui Wai”

General Public | 2 Sessions | 6 Hours | 472 Participants

For different cultures to interact with one another through fun activities, where they will learn to respect, appreciate and accept other cultures mutually and harmoniously.

6 booths were set up, each booth had different games, activities, wooden art painting, exercise etc.

Feedback from participants:

Dr. Yasir Luqman - This programme was really informative for me as I learned about different cultural dances and the game booths were equally exciting. We got some good gifts, we spent quality time as a family at this event. Please have more of these in our area.



SO MUCH FUN

Service Review

TEAM C - Tin Shui Wai and Tuen Mun District

“Inclusion Game Booths @ Tin Tsz”

General Public | 1 Session | 8 Hours | 153 Participants

A Social Inclusion Carnival held in Tin Tsz Estate with the support of NGO partnering estate funding. It aimed to promote culture diversity and sense of belonging within the community. Henna Booth, Human Library Booth, Cultural Clothing Booth and Community Resources Booth was organized for both Chinese and multicultural residents to learn more about each's other culture and promote social integration. Information booth on community resources and green living was also provided to the residents.



Feedback from participants:

Ms. Bibi - The Carnival was a wonderful experience! I loved exploring the different booths and learning about various cultures. The Henna Booth was particularly fascinating, as I got to see how this art form varies across regions. I appreciated the effort put into creating a welcoming atmosphere for everyone. This event truly fostered a sense of community and belonging, encouraging us to appreciate our differences and find common ground. I look forward to more events like this that bring people together and celebrate our diverse heritage!”

“Let’s Knock Down Pin Together”

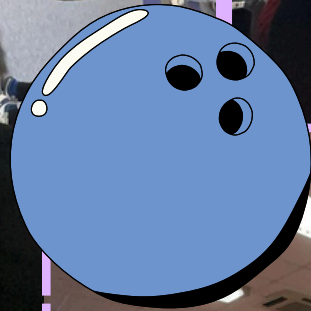
General Public | 1 Session | 4 Hours | 49 Participants

Learning to embrace the value of family time through the game of bowling, and watch as it brings family & friends closer together and creates lasting meaningful connections. Bowling encourages teamwork and healthy competition, allowing participants to support one another while having fun. Each strike and spare celebrated together enhances communication and fosters a shared sense of achievement.

Let's Go!



GOOD TIMES



enjoy!

Feedback from participants:

Fateh - I had so much fun bowling with my family! We cheered for each other, and I loved trying to get strikes. It felt great to spend time together and laugh. I can't wait to join similar programs and play again with Ms. Aksa and Ms. Dhana!!”



Service Review

TEAM D - Tsuen Wan and Kwai Tsing District

“The Girl’s Net”

Youth | 6 Sessions | 6 Hours | 8 Participants

The 6-session mutual-support group targeted on creating a safe and supportive environment where ethnic minority youth girls living in Lai Yiu estate can share their hopes and dreams, as well as their local wisdom in handling the adjustment in Hong Kong. In every session, the girls were guided to understand themselves through a number of art and team building activities, where they had reflected upon their strengths and relationships with others. By facilitating the growth of trust and cooperation among the participants, the youth girls were empowered to face with their life challenges and found supportive bonding for their future growth.



Feedback from participants:

Amena - Through this group, I have learned a lot about communication. I was always hesitant to give out my point of view in group tasks at school but after this mutual group, I'm more confident to speak out in groups. Other than that, I have made a lot of new friends in the community which supports and guides me. This programme helped me know more about myself, in terms of my strengths and weaknesses.

“Volunteer Group Program”

Children | 4 Sessions | 6 Hours | 4 Participants

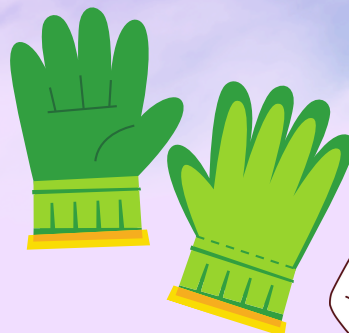
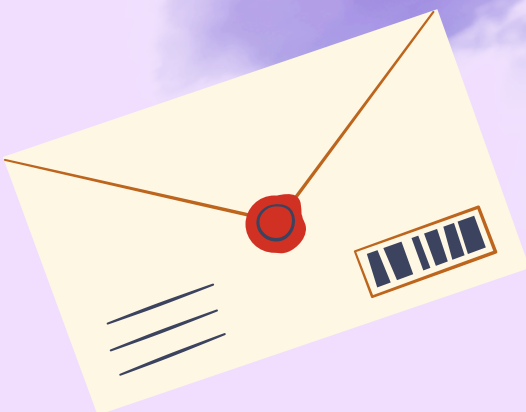
The programme involved 4 children and their mothers, aiming to foster a sense of community belonging and empowerment through social participation. Activities included visiting street workers to distribute drinks, and promoting kindness and connection without superiority. Participants also created handmade gifts for the elderly to express care, in the hope to alleviate the feelings of isolation within the living community. Additionally, the volunteers provided gloves and paper cutters to street workers in preparation for winter. Lastly, they prepared Christmas cards for prisoners, spreading joy and connection throughout the community.



Feedback from participants:

Jyoti - I discovered that acts of kindness are connected to increased feelings of well-being. I also gained insight into the low wages that street workers receive for their hard work, which is significantly less compared to the effort they put in.

Musa - I'm grateful for helping the elderly to create cards and I enjoyed spending quality time with them, I remembered the moments when I shared with my own grandparents.



I am kind



Service Review

TEAM E - Jockey Club S.A.T.H. Project for Healthy Families

In a blissful autumn afternoon, the The Muhammadiyah Ghosia Islamic Community Centre (MGICC) hosted our community at the Health Concern Day. We are genuinely grateful to have various organizations advocating for community health work gathering to bring a variety of health services for residents in one delightful occasion. They included Hong Kong Health Care Alliance, PharmCare, and Tuen Mun District Health Centre TMDHC (operated by Evangelical Lutheran Church Social Service ELCSS) (arranged in alphabetic order). Many friends of MGICC and OTMC came and brought glory to the event.



Representatives from all collaborating partners, including Hong Kong Health Care Alliance, PharmCare, and Tuen Mun District Health Centre TMDHC (operated by Evangelical Lutheran Church Social Service ELCSS) (arranged in alphabetic order)

Protection for Winter – Checked!

Winter was coming! When we were anticipating new year celebration, the chilly weather also made it a wonderful time for the flu viruses. But we would not have to worry as Tuen Mun District Health Centre TMDHC had brought us nurses to give our participants vaccination for seasonal influenza! Also, participants were able to register membership at TMDHC on site with the help of their outreaching team. This year, the Jockey Club S.A.T.H. Project for Healthy Families sponsored all participants to take the vaccination for free. May we wish them all a safe and joyful winter with the protection of the vaccines and our primary healthcare partner.

Learning about Chronic Diseases Made Easy.

The fruitful afternoon was kicked off by a health talk by Dr. Luqman Yasir from PharmCare, who was the only Pakistani pharmacist registered in Hong Kong. The talk covered knowledge on chronic diseases, including hypertension, diabetes and high cholesterol, and safety on the related medication. The opportunity to consult a pharmacist with mother-tongue language made health knowledge easier to understand than ever.



Dr. Luqman Yasir is registered as a pharmacist in Hong Kong. He is the founder of Multicultural Health Services, and was dedicated to enhancing medical accessibility for the South Asian community in Hong Kong. He works closely with PharmCare in order to break the language barrier towards better medication management in Hong Kong.

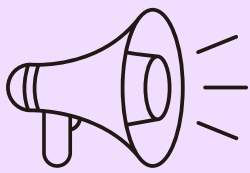
New Friend in Community Health Work

We were pleased to work together with Hong Kong Health Care Alliance for the first time! They provided screening for hepatitis C. We were excited to bring more health resources to the community and we looked forward to many more collaboration opportunities with them in the future.



Hand-in-hand with Community Leaders

We would like to dedicate once more our greatest gratitude to the Muhammadiyah Ghosia Islamic Community Centre (MGICC). The contribution of community leaders and religious institutions is invaluable to the promotion of primary health care among the South Asian residents in Hong Kong.



Information Corner

Child Protection



Child protection is a fundamental responsibility of society, ensuring that every child can grow up in a safe and nurturing environment. With many recent reported cases of child-related harms and/or fatal injuries, it is vital to strengthen our knowledge and awareness on child protection as to minimize and prevent child abuse situations.

What is Child Abuse?

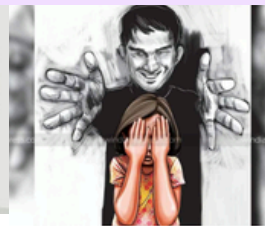
In a broad sense, child abuse is defined as any act of commission or omission that endangers or impairs the physical or psychological health and development of an individual under the age of 18. Such act is judged on the basis of a combination of community standards and professional expertise (Social Welfare Department, 2018).

Type of child abuses:

- Physical abuse:** Any form of physical violence like slapping, spanking, beating, shaking, burning, biting etc., and may inflict with injury mark.
- Sexual abuse:** Involvement of any sexual activities with a child without fully comprehension and consent, like oral, anal, or vaginal penetration, bodily contacts with genitals, and exposure to sexually explicit materials.
- Psychological abuse:** Includes verbal abuse, humiliation, threats and any acts that scares a child, which may result with trauma or feeling of unsafe
- Neglect:** May include leaving a child unattended, provision of inadequate health care, education, supervision, protection from danger, and unmet basic needs such as clothing and food.

Physical Abuse

Sexual Abuse



Psychological Abuse

Neglect

✗ (DO NOTs) Tips of child protection

- Do not leave a child **unattended** at home during buying grocery, fear of falling from height or encounter other danger.
- Do not encourage to use **corporal punishment** (e.g., slapping, spanking) and abusive language towards child, as could injure and psychologically traumatize them.
- Do not support and encourage the child from **bunking** schools as affect their learning progress.

✓ (DOs) Tips of child protection

- Can request **relative or friend** to take care of child temporarily when need to buy grocery or away from home.
- Can **explain and reason** the child for right and wrong behaviors for them to learn and tolerate their minor mistakes.
- Can teach child the **consent topic** and differences of acceptable and unacceptable **body touches**.
- Can often ask and observe the child's **feelings, mood and behaviors** for early identification of abuse.

LATEST NEWS

Mandatory Reporting of Child Abuse Bill

To further protect the children, the government successfully passed the bill on **July 12, 2024, in effective 18 months later**. This legislation mandates that professionals in 25 specific sectors, including social welfare (social workers), education (teachers), and healthcare (nurse, doctors), must report suspected child abuse cases to SWD.

Hotlines

- Social Welfare Department (SWD): [2343 2255](tel:23432255)
- Family Crisis Support Centre 24-hour Hotline: [18288](tel:18288)
- CEASE Crisis Centre 24-hour Hotline: [18281](tel:18281)
- Against Child Abuse Hotline: [2755 1122](tel:27551122)
- End Child Sexual Abuse Foundation (Hug Line for child sexual abuse): [2889 9933](tel:28899933)
- Hong Kong Police Force (emergency situation): [999](tel:999)

For more information, please visit the websites:

- https://www.swd.gov.hk/vs/index_e.html#toc
- <https://www.scmp.com/yp/discover/news/hong-kong/article>
- <https://www.ncbi.nlm.nih.gov/books/NBK459146/>



Upcoming Activities

Please contact us and visit our Facebook page for more upcoming activities!

H.K.S.K.H. Outreaching Team for Multi-Cultural Community
香港聖公會多元文化外展服務隊

CO-ORGANIZED BY:
TUNG WAH GROUP OF HOSPITALS CEASE CRISIS CENTRE

FAMILY RELATIONSHIP Talk & Games @ Tin Tsz



DATE: 2025-02-25
TIME: 5 - 6:30 PM
LOCATION: TIN TSZ ESTATE
FREE OF CHARGE

"FIRST COME, FIRST SERVE"
*For Registration, call DHANA or AKSA on 6996 8244
OR
*Please message HKID name & residential location via WhatsApp

DIY PHONE CHARM



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H.K.S.K.H. Outreaching Team for Multi-cultural community

香港聖公會麥理浩夫人中心
H.K.S.K.H. Lady MacLehose Centre
少數族裔服務部
Services for Ethnic Minorities Unit
香港聖公會福利協會有限公司
Welfare Services for Ethnic Minorities Unit

SHAPE YOUR BODY AND MIND

Time for some exercise and meditation

Date: 8/2/2025 (Saturday)

Time: 11:30am-1:00pm

Quota: 15 Women
First come first served
Free of charge

Venue: DHC, Shop 3 & 5, 9/F, Plaza 88, 88 Yeung Uk Road, Tsuen Wan, New Territories

Whats App 69960461 to register
Person in charge: Winnie (Social worker) & Priyanka (Programme officer)

Room 113, No.22, Wo Yi Hop Road, Kwai Chung.

Organised by 主辦機構

匯豐 HSBC 香港社區夥伴計劃
HK Community Partnership Programme

H.K.S.K.H. Outreaching Team for Multi-Cultural Community
香港聖公會多元文化外展服務隊

Multicultural Green Fusion Experience Day -cum- Green Fusion Ambassadors Award Ceremony

All are WELCOME! **FREE**

Enquiry: 3614 0575 / 3611 0844

Award Ceremony

Game Booths

Eco-friendly Workshops

Date: 22/6/2025
2PM - 6PM

Venue: TBC



計劃由匯豐香港社區夥伴計劃支持
This project is supported by the HSBC Hong Kong Community Partnership Programme

H.K.S.K.H. Outreaching Team for Multi-Cultural Community
香港聖公會多元文化外展服務隊

Jacky Club S.A.I.H. Project for Healthy Families
樂善堂耆老健康促進計劃
Sustainability for All, Together for Health 人人健康，齊齊發展

HEALTH ASSESSMENT DAY @ TIN TSZ

Date: 04/03/2025
Time: 5:00-7:00PM
Venue: Tin Tsz Estate
FREE OF CHARGE!!

FOR REGISTRATION, PLEASE CONTACT
DHANA /AKSA 6996 8244

Scan for more updates

FIRST COME, FIRST SERVE BASIS
PLEASE MESSAGE HKID NAME & RESIDENTIAL LOCATION VIA WHATSAPP. SUCCESSFUL PARTICIPANTS WILL RECEIVE CONFIRMATION MESSAGE. ALL RIGHTS RESERVED TO HKSJKH



Service Enquiry



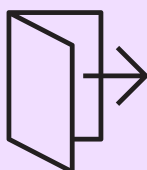
Application of Service

- Visit or make a call to our office during opening time
- Visit our outreaching lorry or roadshow
- Referred by individuals and organizations



Service Charge

- Free of charge, except specific groups or programmes



Withdrawal

- Inform our team by giving verbal or written notification

CONTACT & ENQUIRIES

Address:



Centre: L102-L103, 1/F, Long Ping Shopping Centre, Long Ping Estate, Yuen Long
Tsuen Wan & Kwai Tsing Sub-team Office * By appointment *:
Room 113, 1/F, HKSKH Lady MacLehose Centre, 22 Wu Yi Hop Road, Kwai Chung, N,T,

Centre Operating Hours:



Monday, Tuesday & Saturday: 10:00am to 6:00pm
Wednesday: 10:00am to 10:00pm
Friday: 2:00pm to 10:00pm
Sunday: 10:00am to 2:00pm
Closed on Thursdays & Public Holidays



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3611 0844 (Urdu, Hindi and Nepali Hotline)
6996 5594 / 6996 0461 (Tsuen Wan & Kwai Tsing Hotline)



Instagram:
HKSKH OTMC



Facebook:
HKSKH Outreaching
Team for Multi-cultural
Community



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