



H.K.S.K.H. *Outreaching* Team for *Multi-Cultural Community*

香港聖公會多元文化外展服務隊



社會福利署資助服務
Subsidised Service by
the Social Welfare Department

HANDS

Operated by Hong Kong Sheng Kung Hui Welfare Council Limited

July 2025, VOL 9

The Official Newsletter of OTMC

Content Page

About Us	1
Words from OTMC	2
Service Theme 2025-2026 : Promoting the Five Love Languages for Enhancing Well-being	3
Team Service Review	
Team A	4-5
Team B	6-7
Team C	8-9
Team D	10-11
Team E	12-13
Information Corner	14
Upcoming Activities	15

About Us

About the Hong Kong Sheng Kung Hui Welfare Council Limited

The Hong Kong Sheng Kung Hui Welfare Council (also known as the “Welfare Council”) was founded in 1966. It is now registered as a charitable organization under the Companies Ordinance, and is an institution that coordinates, develops and provides social services for Hong Kong Sheng Kung Hui. The Welfare Council’s diverse services, which can be found across Hong Kong, Guangzhou and Macau, cover children, youth, families, senior citizens and persons in need of mental and medical rehabilitation, counselling and professional training, in line with its service philosophy, “Personalized Service, Holistic Care” to “Transform Lives” so they may “Live in Abundance”.

About H.K.S.K.H. Outreaching Team for Multi-Cultural Community (OTMC)

H.K.S.K.H. Outreaching Team for Multi-Cultural Community (OTMC) aims at providing appropriate support services to the needy individuals of the Multi-Cultural (MC) and their families in Sha Tin, Tai Po, North, Yuen Long, Tuen Mun, Tsuen Wan and Kwai Tsing districts through reaching out and connecting with stakeholders in the community.

Objectives

- ✓ To connect the needy MCs with mainstream welfare services;
- ✓ To improve MCs’ problem solving skills;
- ✓ To strengthen MCs’ family cohesiveness;
- ✓ To enhance support network of MCs for their early integration into the local community;
- ✓ To establish network with community organizations, religious organizations, schools and welfare service units for effective delivery of service;
- ✓ To mobilize MCs and local residents in pursuit of social inclusion and racial harmony.

Scope of Service

- **Outreaching service** - reaching out to MCs through roadshows, community activities, exhibition, home visits etc.;
- **Telephone enquiry service** - facilitating the understanding of social resources and identifying the needs of MCs;
- **Casework Support** - conducting initial assessment, arranging direct/referral service, providing immediate intervention and long term casework support for the needy cases to overcome their difficulties;
- **Group and Programmes** - organizing preventive/ developmental/ therapeutic/ mutual support/ volunteer groups and family life education/promotional/public education/networking/social inclusion/volunteer programmes tailored to MC’s welfare needs;
- **Cultural Sensitivity Training** for frontline workers of mainstream services.

Words from OTMC

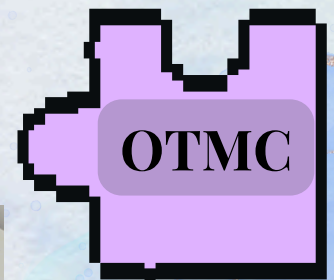
2025 marks the 5th anniversary of the OTMC. Over the years, we have engaged government bodies, community partners, volunteers and residents to further our mission of connecting multicultural community with mainstream services and leveraging available resources to facilitate early social integration of multicultural community.

We not only proactively reach out to multicultural residents, but also launch different dedicated services and programmes to address the current social situation and respond to the needs of multicultural community. With continuous funding support by The Hong Kong Jockey Club Charities Trust, we launched “Jockey Club S.A.T.H. Project for Healthy Families – Phase 2”, focusing on mental health of multicultural families. We also launched a one year project “Green Fusion” under the HSBC Hong Kong Community Partnership Programme 2024, providing training to equip multicultural youth with green skills to assist in organizing public education and promotional programmes for promoting sustainable lifestyles and building an inclusive green community. Additionally, we support different type of multicultural residents in need, for instance, offering various learning programmes, support groups and home visit services to multicultural elderly, organizing a series of “Five Love Languages” activities that contribute to enhance support for carers and promote family well-being.

Together, we can go further. We would like to express our gratitude to various government departments, supporting partners, volunteers, service users and all colleagues for their generous support. We are excited to engage multicultural community as well as partners from different sectors to build an inclusive and healthy community.



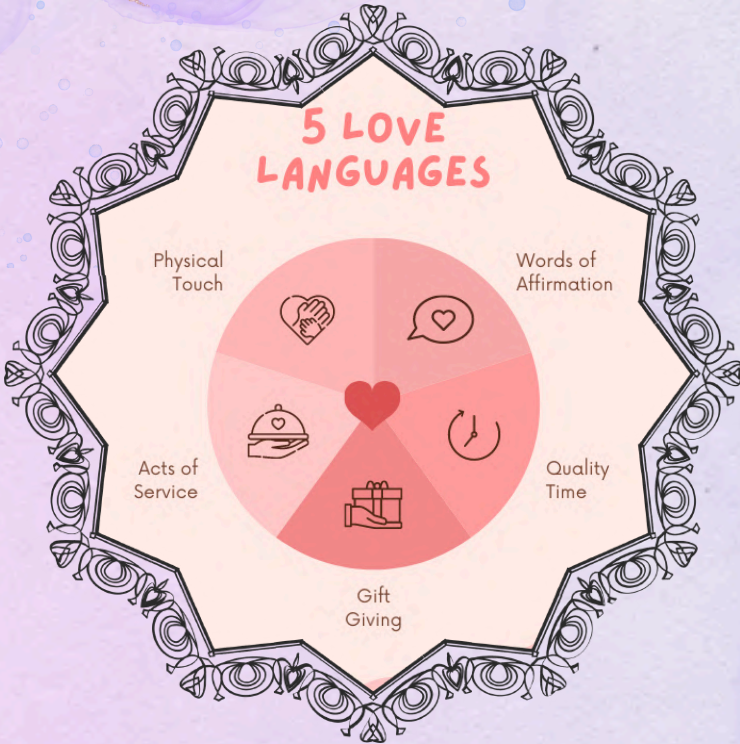
Jenny Fu Yim-ting
Service Director



Service Theme 2025-2026 :

Promoting the Five Love Languages for Enhancing Well-being

Maintaining close relationships with family and community is crucial for emotional health and personal development. OTMC plans to offer a variety of activities to help our clients learn about and apply the five love languages in their interactions and relationship-building with family and others.



This year, recognizing the importance of strong bonding and building on positive feedback, we will continue using Five Love Languages as our theme to promote well-being of our multi-cultural community. Starting in April 2024, we are pleased to offer a series of interactive parenting workshops. The goal is to help parents identify their own primary love language as well as that of their partner. Recognizing each other's love languages is crucial for improving communication and building stronger family bonds. Across these workshops, participants will delve into the five love languages - words of affirmation, acts of service, receiving gifts, quality time, and physical touch.

Gaining this understanding will empower parents to incorporate the love languages into their everyday interactions, cultivating a more harmonious and nurturing environment for their children and loved ones. By learning to express love in ways that resonate with their family members, participants will be better equipped to foster healthier and more meaningful connections.



If you're interested in experiencing the transformative benefits of the five love languages, we warmly invite you to join our upcoming programs. Together, we can embark on a journey toward greater understanding and deeper relationships within our families.

Service Review

TEAM A - Sha Tin, Tai Po and North District

“Beauty & Skin Care Workshop”

Children & Youth | 1 Session | 1.5 Hours | 10 Participants

The program intends to deliver the basic information and steps to do facial at home and the issues related to one's own skin concerns. The tutor was very professional in regards to execute the program, explaining and addressing the various skin issues asked by the multicultural users. One of the user opted to be the volunteer model for tutor to implement and showcase the steps of doing facial at home. The MC users were quite intrigued and interested in the presentation of the skin care workshop. This program helped MC users to gain bunch of information about different types of skin type and what they can do to tackle the skincare concerns like aging, water retention, fine lines etc. Through different activities and programs like such OTMC always emphasis to enhance MC user's knowledge about different resource in HK and tries to make it available to them in an efficient and effective manner.



Feedback from participants:

We were pretty interested to subject of this activity as we are women and skin concerns always bothers us. So we thoroughly enjoyed this exciting activity organized by OTMC and hence it benefited us as we learned the steps to do facial at home since we do not have a lot of time to go to salon and do it. At the same time we are saving money. We sincerely hope to have the opportunity to participate in many more activities in the future. Our heartfelt gratitude goes out to everyone involved. Thank you for making it such a memorable experience.

Dodgebee Fun @ Fu Tip

Children and Youth | 1 Session | 1.5 Hours | 11 Participants

This program was conducted in Fu Tip Estate's LCSD playground in a collaboration with IDEA Centre. The main motive of this activity to enhance the knowledge of having good physical health among young kids. This fun and dynamic game not only provided a platform for physical exercise but also fostered a sense of camaraderie among the players. Through their participation, everyone agreed that the activity significantly enhanced their sports skills and team spirit. They experienced firsthand how working together towards a common goal can strengthen bonds and improve overall performance. The excitement of the game encouraged them to push their limits, embrace challenges, and celebrate each other's successes.



After each session, brief discussions to exchange thoughts and emotions were held, emphasizing the significance of effective communication in sports and teamwork. These reflective sessions allowed participants to articulate their experiences, share insights, and express feelings about their performance and collaboration. This open dialogue not only reinforced the skills learned during the game but also highlighted the importance of understanding and supporting one another.

Feedback from participants:

Ayesha - *It was not only fun but also a great way to improve my sports skills. I loved how we all worked together as a team, cheering each other on and strategizing during the game. It really boosted my confidence and made me feel more connected to everyone. Being able to share my thoughts and hear others' experiences helped me understand the importance of understanding in sports. It made me realize how much we can learn from each other. Cant' wait for more programs like this!*

Service Review

TEAM B - Yuen Long District

“Green Fusion Ambassador Training Workshop”



Youth | 12 Sessions | 24 Hours | 32 Participants - 109 Attendance



This program is sponsored by HSBC HK Community Partnership Programme which consisted 12 engaging sessions for youth of various ages from 9 to 17 and focused on raising awareness about social refuse collection points aligned with the 4R principles of recycling. Ambassadors developed a green eco-friendly mindset by adopting daily habits for sustainable living and learning the importance of “Leave No Trace” practices to keep the environment clean.



The workshop included ambassador training and volunteering opportunities, where ambassadors shared their experiences and inspire one another. Overall the program aimed to foster a strong commitment to sustainability efforts and promoting eco-friendly initiatives.



Feedback from participants:

Ms. Vaishnavi - Being part of the Green Fusion Ambassador program has been a fulfilling journey. The lessons learned and experiences gained have equipped me with valuable skills and knowledge about environmental advocacy.



“Green Living Community Exploration April 2025”

Family | 1 Session | 5 Hours | 28 Participants

This Community Exploration programme is sponsored by HSBC HK Community Partnership Programme was to enrich participants’ eco-friendly living knowledge and had the opportunity to visit BeeTales & National Security Exhibition Gallery.

Participants gained a valuable knowledge about Bees, learning to identify various Bees species. And also discovered the importance of conservation, where participants created eco-friendly solitary Bee Hotels, enhancing their understanding a deeper connection to our environment. The visit to the National Security Exhibition Gallery was equally impactful. Participants explored what national security means and their responsibilities as citizens in protecting it.



Overall, these activities were not only educational but also inspiring, leaving participants with valuable insights and a sense of responsibility toward both nature and our nation.

Feedback from participants:

Ms. Gaya - The Green Living Community Exploration by OTMC was a great experience. We really enjoyed visiting Bee Tales and the National Security Exhibition Gallery and learned many interesting facts about bees and information regarding National Security. The schedule was quite packed, so a small break to relax would have made it even better. Overall, it was a fun and informative event, and we appreciated the effort put into organizing it.



Service Review

TEAM C - Tin Shui Wai and Tuen Mun District

“Interactive Cooking @ TSW”

Youth | 1 Session | 2.5 Hours | 12 Participants

Interactive Cooking @ TSW was organized in a collaboration with HKSXH St. Matthias' Integrated Services Jockey Club Youth Express in order to enhance participants' cultural and language exchange via cooking between Chinese and multi-cultural participants while also having fun and quality time showcasing their culinary skills and food recipes which are easily accessible at home.



Feedback from participants:

Ms. Akhtar - We had a great time which included different segment such as interactive games with local youth and cooking Chinese recipes along with learning some local food culture. Huge thanks to OTMC for always inviting and including us for such fun activities.

“Green Fusion - Beach Clean-up and Ecological Guided Tour”

Youth | 1 Session | 1.5 Hours | 38 Participants

Team C had a collaboration program with the Bethal High School (Yuen Long) in a volunteering work at Sai Kung Beach. The purpose of this program was to provide an experiential learning to a group of secondary students (Chinese and non-Chinese) to interact, network and mutual help throughout their volunteering work. The main work includes cleaning beach by collecting waste/used materials from beach corners with a set of tools and worked in teams which was guided by professionals like teachers, tutor and social workers.



Feedback from participants:

Subba Anusha - Many thanks to OTMC for organizing such a meaningful and useful outdoor activity as many youth like myself is not aware how we should be more resourceful and made a positive impact on our eco-system. It was an eye opening guided tour for myself and my friends too.

Service Review

TEAM D - Tsuen Wan and Kwai Tsing District "Finance Intelligence Workshop"

Family | 1 Session | 2 Hours | 10 Participants

The program engaged 10 ethnic minority parents and children in an interactive game designed to enhance financial intelligence through practical decision-making. Structured in three rounds of 10 minutes each, with 5-minute breaks in between, the activity allowed participants to earn play money while navigating financial choices such as buying items, saving, and borrowing. To add a creative flair, participants also engaged in Chinese calligraphy, earning money through their artistic expressions. Following the game, a reflective discussion encouraged participants to share their experiences, explore their emotions related to money management, and highlight activities that bring joy beyond financial concerns. This workshop effectively combined fun and interactive learning with deep emotional reflection, fostering a greater understanding of financial concepts.



Feedback from participants:

Ms. Gita Kandel (Parent): *I found the financial intelligence workshop engaging and informative. I appreciated the interactive games that made learning fun, and I gained valuable budgeting and saving skills. The workshop also helped me understand my emotions related to money and fostered a sense of community.*

Arianna (Children): *I found the financial intelligence workshop exciting and fun, enjoying the hands-on activities that made learning about money enjoyable. I liked the interactive games, which helped us understand concepts like saving, spending, and budgeting. I would like to explore topics such as earning money in future sessions.*

“Bake Dates for Ramadan”

Family | 1 Session | 2 Hours | 12 Participants

As the month of Ramadan approached, we organized a social program to educate participants about Ramadan and prepare traditional snacks with a modern baking twist. This activity brought together women and teenage girls from various ethnic minority groups, allowing us to share valuable information on hygiene practices within the community, including collaborative efforts to improve waste disposal. The event emphasized both social inclusion and the acquisition of knowledge.



Ramadhan



Feedback from participants:

Ms. Rabia - *This program was outstanding. Not only did I learn how to prepare a new dish, but I also acquired valuable skills, such as melting chocolate without heat. Additionally, I discovered from the participants that we can turn date seeds into a powder to make tea, which is quite fascinating! The experience was both enjoyable and informative. We learned about hygiene practices to improve our living environment. I genuinely hope to attend more programs like this, as they provide opportunities to meet new people and gain new experiences.*

Service Review

TEAM E - Jockey Club S.A.T.H. Project for Healthy Families

“Tung Koon Primary School Mental Health Day”

Children & Youth | 1 Session | 3 Hours | 662 Participants

The program, in collaboration with Tung Koon Primary School, aimed to create engaging activities for Mental Health Day. These activities helped children learn more about mental health and develop their emotional management skills.

Participants gained valuable insights into mental health and self-awareness. We conducted apple meditation sessions for the upper classes, which helped them understand their mental well-being and relieve stress. It is hoped that these experiences will enhance their awareness of mental health and build resilience for future challenges.

Overall, the hands-on crafts and meditation were not only educational but also inspiring, leaving participants with important insights and a sense of responsibility toward their mental health and well-being.



Feedback from the Teachers of Tung Koon Primary School:

The Mental Health day was great success as the children were able to have great time and they had fun doing the handy craft. Thank you for helping us with the Mental Health Day, the OTMC staff were very helpful throughout the program.

“Yoga Class in Keader Centre”

Women | 4 Sessions | 6 hours | 7 Participants - 21 Attendance

The Yoga Class program, aims to enhance participants' knowledge of physical and mental health while improving their daily lives in both areas.

Participants gained valuable insights into mental and physical health through yoga, discovering inner peace and a refreshing break from their daily routines. The practice provided a serene and relaxing environment, allowing them to deepen their understanding of mental health and enhance their overall well-being. As they engaged in yoga, they became more aware of the importance of mental health and learned effective techniques for managing stress and fostering resilience.

Overall, these yoga sessions were not only educational but also transformative, leaving participants with valuable insights into mindfulness and self-awareness, as well as a renewed sense of connection to themselves and their community.



Feedback from participants:

I thoroughly enjoyed the yoga program! It provided a wonderful blend of physical exercise and mental relaxation. Ms. JJ were knowledgeable and supportive, creating a welcoming atmosphere for all participants. I appreciated the focus on mindfulness and stress relief, which helped me feel more centered and balanced. The sense of community among participants was also a highlight, making each session feel uplifting. Overall, this program has significantly improved my physical fitness and mental well-being.

Information Corner

2025 Special Events in Hong Kong

Celebration Events for 28th Anniversary of Establishment of HKSAR

The Government and different sectors of community launch a variety of special offers and activities. Please visit the website (www.hksar28.gov.hk) for information.

June - October 2025

Special Offers:

1. Public transport offers
2. Culture, arts and leisure offers
3. Dining & consumption offers and reward activities

Scan for details



Other Celebratory Events

Such as

- "2025 Chaoren Cup - Table Tennis Tournament"
- Festive Decoration in Celebration of Hong Kong's Return to Motherland
- "Grace of the Central Axis"

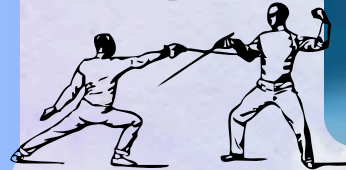
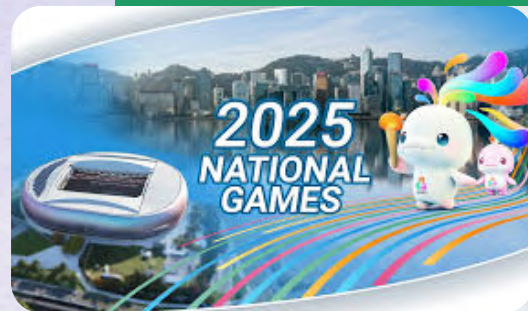
Scan for details



The 15th National Games of the People's Republic of China

The National Games of China, held every four years, is the country's top multi-sports event. The 15th Games will be co-hosted by Guangdong, Hong Kong, and Macao, featuring eight events in Hong Kong, including fencing and basketball. Marathons and road cycling will occur across all locations. Two mascots, Xiyangyang and Lerongrong, based on the Chinese white dolphin, will represent and promote joy and unity.

09 Nov - 21 Nov 2025



Comic Fun for All: The Magic of Hong Kong Comedy Comics

This exhibition offers a glimpse into the enchanting world of Hong Kong comedy comics, featuring manuscripts, comic books, byproducts, art installations, and multimedia programs. Visitors can take photos with iconic comic characters and discover the inspirations behind the artists' work. Spanning from the 1950s to today, this retrospective highlights the unique charm, creative concepts, and artistic features of Hong Kong comedy comics.

21 May 2025 - 9 March 2026

For more information:

<https://www.discoverhongkong.com/eng/what-s-new/events/detail.id83677.hong-kong-football-festival-2025.html>

<https://hk.heritage.museum/en/web/hm/exhibitions/data/comicfun.html>

<https://www.2025nationalgames.gov.hk/en/index.html>

<http://www.hksar28.gov.hk>

Upcoming Activities

Please contact us and visit our Facebook page for more upcoming activities!

贊助機構: Sponsored by: 香港房屋委員會 Hong Kong Housing Authority

主辦單位: Organized by: H.K.S.K.H. Outreaching Team for Multi-Cultural Community

MULTICULTURAL EXPERIENCE DAY IN CELEBRATION OF THE 28TH ANNIVERSARY OF THE ESTABLISHMENT OF HKSAR

Date: August 16, 2025 (Sat)
Time: 1-6pm
Venue: Yat Tin House, Yan Tin Estate

- HENNA BOOTH**
 - Design different henna pattern on hand
- HENNA INFORMATION BOOTH**
 - Henna culture and history
- MC CLOTHING BOOTH**
 - Try National dresses from different MC community
- HUMAN LIBRARY BOOTH**
 - History & Culture of MC community
- COMMUNITY RESOURCES BOOTH**
 - Information regarding available community resources for MC community
- RECEPTION AND GIFT REDEMPTION BOOTH**
 - Participants can exchange cultural related product

SCAN FOR MORE UPDATES

For more details, Please contact Dhana / Aksha on 6996 8244 Send us your HKID name & residential location via WhatsApp

!! FIRST COME, FIRST SERVE & FREE OF CHARGE!!

H.K.S.K.H. Outreaching Team for Multi-Cultural Community

Lantern Making Family Workshop

(TUE) 09/09/2025
4:00PM
L102-L103, 1/F, Long Ping Shopping Centre, Long Ping Est., Yuen Long, Hong Kong, Hong Kong

Target: 10 pairs of parent-child (primary school or above)

Fee: Free of Charge

Registration WhatsApp: 6996 6256 Mr. Aman / Ms. Moneeza / Ms. Sushila
(First come, first served basis)

Joint-Organizer: Hong Kong Industrial & Commercial Association Limited Yuen Long Branch, Hong Kong Traditional Paper Crafting Arts Union

Supporting Organizations: Office of District Council Member Ms Li Ching Yee, Office of District Council Member Mr Li Kai-lap

香港聖公會麥理浩夫人中心 H.K.S.K.H. Lady MacLehose Centre 少數族裔服務部 Services for Ethnic Minorities Unit

H.K.S.K.H. Outreaching Team for Multi-cultural community

BUNNYLAND FUN ADVENTURE DAY.

Let's have a good family time

09 Aug 2025 (Sat)
STARTS AT 9AM
FREE! of charge
Quota: 20 pax
Target: South Asian families living in Tsuen Kwai Tsing district

Meeting point: Shui Pin Wai Centre, No.2, G/f, Dip Shui House, Shui Pin Wai Estate, Yeun Long, N.T.

Whats App 69960461 to register
 Person in charge: Winnie (Social Worker)& Priyanka (Programme Officer)

First come first served

Room 113, No.22, Wo Yi Hop Road, Kwai Chung.

H.K.S.K.H. Outreaching Team for Multi-Cultural Community

Jockey Club S.A.T.H. Project for Healthy Families 賽馬會共建健康家庭計劃 Sustainability for All, Together for Health 人人可務精·齊齊皆健康

HA Go registration & mental health info sharing

Date: 23 Aug 2025 (Sat)
Time: 10:30am - 12:30pm
Venue: Fu Tai Estate
Cost: Free of charge
Target: General public
Quota: 10 pax

Registration and Enquire:
Mr. Hasnain/Jason
6857 1423

@SKHWC.OTMC
 @hkskshotmc

Service Enquiry



Application of Service

- Visit or make a call to our office during opening time
- Visit our outreaching lorry or roadshow
- Referred by individuals and organizations



Service Charge

- Free of charge, except specific groups or programmes



Withdrawal

- Inform our team by giving verbal or written notification

CONTACT & ENQUIRIES

Address:



Centre: L102-L103, 1/F, Long Ping Shopping Centre, Long Ping Estate, Yuen Long
Tsuen Wan & Kwai Tsing Sub-team Office * By appointment *:
Room 113, 1/F, HKSKH Lady MacLehose Centre, 22 Wu Yi Hop Road, Kwai Chung, N,T,

Centre Operating Hours:



Monday, Tuesday & Saturday: 10:00am to 6:00pm
Wednesday: 10:00am to 10:00pm
Friday: 2:00pm to 10:00pm
Sunday: 10:00am to 2:00pm
Closed on Thursdays & Public Holidays



Website: www.skhwc.org.hk



Fax: 3585 2537

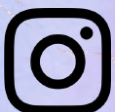


Email: otmc@skhwc.org.hk

Telephone & Hotlines:



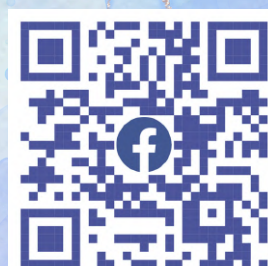
3614 0575 (Cantonese & English Hotline)
3611 0844 (Urdu, Hindi and Nepali Hotline)
6996 5594 / 6996 0461 (Tsuen Wan & Kwai Tsing Hotline)



Instagram:
HKSKH OTMC



Facebook:
HKSKH Outreaching
Team for Multicultural
Community



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